

Job Café

Our lesson is called job cafe and we want participants to learn to be prepared for future job

Topic: job interviews + stress management

Lesson summary:

The activity helps young people prepare for an interview also prepare them for the future. In separate groups participants pick up a piece of paper that says what character (personality trait) they are going to play. It will make them understand how interviews work and they're going to experience different personalities. Participants are in stressful (yet controlled) situations and make them think clearly and be more confident.

Team Members and Roles:

1. Angelika – opening – helper
2. Lili - helper
3. Anna – making physical materials- helper
4. Kamile – making physical materials cards - helper
5. Tymon – instruction making- helper 6
6. Ziggy - helper and debriefing

What real-life problem or need does the lesson address?

To be more confident, teach young people how an interview is going to be, manage their stress, help them prepare for the present and the future.

Target group

Young people and university students

Concrete objectives

- Identify and reflect each interviewer's role and express their feelings
- Create questions for the interview and learn how to interview a person
- Practice to **be** an interviewer and help them for the future when they're going to open their our company

Instructions

At first we are putting the participants into groups (interviewers and applicants). Next they are going to pick a piece of paper which will show their personality. Then each group will have to make a role play and do an interview. Also they have to think about the question they are going to ask. Our group will choose the topic of the job. The activity is going to end when the interview is over and we will see if they are going to be accepted or declined.

Material List

- cards of specific personality traits (for interviewers) – e.g. mean, funnym calm, ignorant
- tables and chairs

Reflection questions

- Questions on how the real interviews work
- Questions on time management
- Questions on creativity and teamwork

Self-reflection during testing with other groups

	Yes	Almost	Needed work
Were the instructions clear to the participants?	☐	☒	☐
Are participants active rather than listening to a lecture?	☒	☐	☐
Does the activity achieve its objectives?	☒	☐	☐
Did it realistically fit in 20–30 minutes?	☐	☒	☐
Is everyone meaningfully involved?	☒	☐	☐
Is the activity inclusive?	☒	☐	☐
Is there enough reflection/debriefing?	☒	☐	☐
Is the learning connected to real life?	☒	☐	☐

Based on the peer test session, the strongest part of the lesson was –
To prepare them for interviews while having fun

Based on the peer test session, one thing that was unclear was –
Instructions, were made more clearer in final implementation