

Be Quiet

Our lesson is called Fix the theater and we want participants to learn how to avoid and fix toxic relationships.

Topic: communication and intercultural communication

Lesson summary:

The lesson is about communication skills, especially body language, mimic and social skills. The participants will experience miss communication but also realize how much they are able to communicate without actual speaking. It is useful, because it shows the importance of body language.

Team Members and Roles:

Kamila- Came up with half of the idea (the talking through signs one)

Sabina- Came up with the "national legend" idea to make the activity also intercultural

Annabell- Got the materials

Sangi- Wrote

Szymon- Completed the paper

What real-life problem or need does the lesson address?

lack of communication skills and knowledge about other cultures .

Target group

everyone, especially students

Concrete objectives

- Apply body language/signs in intercultural situations a.k.a. with people they share (basically) no language with- by finding out the reasoning behind the activity with DEBRIEFING.
- Identify different interpretations of the same situation- by seeing each others interpretation of the legends with also DEBRIEFING.
- Communicate and cooperate with barriers in different situations- One team has to cooperate and do their best to make the other team guess the legend.

Instructions

1. We make 6 big teams
2. We split the big teams in half, half of them being able to talk freely and the other half having to communicate only through signs, body language and drawing maximum 3 things relevant to the legends.
3. We explain the rules and then we give the paper where the legend is written on to the half that is not able to talk.
4. The game starts.
5. After they finish, the ones that had to guess tell everyone what they understood and then the others read what the actual legend says.

6. Debriefing.

Material List

6 piece of paper for every team and 6 pens.

Reflection Questions at the end of activity

- What did you like about this activity?
- What didn't you like about this activity?
- Was it hard for you to communicate this way?
- Did you feel frustrated because you couldn't understand each other properly sometimes?
- What did you learn?

Self-reflection during testing with other groups

	Yes	Almost	Needed work
Were the instructions clear to the participants?	☒	☐	☐
Are participants active rather than listening to a lecture?	☒	☐	☐
Does the activity achieve its objectives?	☒	☐	☐
Did it realistically fit in 20–30 minutes?	☒	☐	☐
Is everyone meaningfully involved?	☒	☐	☐
Is the activity inclusive?	☒	☐	☐
Is there enough reflection/debriefing?	☒	☐	☐
Is the learning connected to real life?	☒	☐	☐

Based on the peer test session, the strongest part of the lesson was –
Learning to be patient

Based on the peer test session, one thing that was unclear was –
Nothing really